

Description: The men's shirt can be worn for athletic wear, club wear, or casual wear. A tight fit ensures a muscular style. We recommend .35mm gauge for proper stretch, but a thinner or thicker gauge can be used.

Difficulty level: Intermediate.

Recommended gauge: .35mm

Accessories: Zipper of appropriate length.

Video Tutorial: <http://www.mjttrends.com/tutorial,DIY-Latex-Mens-Shirt>

Cut out the pattern

Step 1: Cut out each pattern piece along the solid lines.

Step 2: Place your pattern pieces face up (the side with the print on it) on top of your material.

Step 3: Cut out your material.

Step 4: Cut the dashed line running through the center of the rear. This is where the zipper will go.

Glue the rear zipper

Step 5: Coat the top of your zipper webbing with glue to rubberize it. If using MJTrends solvent based adhesive, use 2-3 thick coats. If using MJTrends ammonia based adhesive use 1-2 coats.

Step 6: Glue the zipper to the rear sections. Ensure not to stretch the material while adhering to ensure no ripples in the material.

Glue the shoulders

Step 7: Using a $\frac{3}{4}$ inch wide seam, glue the front shoulders to the rear shoulders.

Glue the sleeves

Step 8: Glue the sleeves to the bodice / shoulders using a $\frac{3}{4}$ inch seam. Start at the middle of the sleeve cap and the shoulder seam, and work your way out to the edges. Trim any off any excess at the edges.

Step 9: Glue the sleeves together using a $\frac{3}{4}$ inch seam. Start at the armpit and work your way toward the wrist. Trim any excess at the end.

Glue the trim

Step 10: Apply a 1-inch strip of adhesive to the backside of the front neck trim at the middle of the trim. Apply a ¼ inch wide and 1 inch long adhesive to middle of the front neck area where the trim will go. Starting at the middle of the neck, work your way to the rear.

Rear trim will need to be cut where the zipper is located. Trim away any excess trim.

Glue Side Seams

Step 11: Adhere the front side seam to rear side seam using a ¼ inch seam width.

Step 12 Wait 24 hours for your glue to cure. Enjoy!

Legend



Straight lines show where to cut.



Dashed lines represent the space for the seam overlay